



Climate Title: Messy Play is A-Okay

Description: Make a Mess!

Goal: Sometimes, getting messy is part of learning. It can feel good to make a mess!

Tip: Play in the mud or make sensory bins with containers filled with things like sand, clay, or small toys.

Why? Messy play develops visual and motor skills and teaches important lessons about cleaning up at the end. Messy play helps children learn at their own pace, and provides opportunities for creativity and problem-solving.

References:

Marinšek, M., & Lukman, N. (2022). Teaching strategies for promoting motor creativity and motor skill proficiency in early childhood. *Economic Research-Ekonomska Istraživanja*, 35(1), 2645–2653. <https://doi.org/10.1080/1331677X.2021.1974306>